Simple Harmonic Motion - Introduction

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 Gary Stewart set a pogo stick record in 1990 by jumping 1777.737 times. If the pogo stick he used had a force constant of 6000. N/m and was compressed 0.12 m on each jump, what force must Gary have exerted on the pogo stick upon each jump? What force would be exerted back up on Gary each time he went up? → 720 N blc of Neutons

K=6000N/mF=-Kx3rd lawX=0.12m $=-16000 \cdot .12$ F=?=-720NF=-Kx=bc opposes displacement
Copposite displacement)

- Sam, a butcher, puts 3.0 kg of chopped beef on the 1.0 kg pan of his scale, which has a spring whose spring constant is 400. N/m.
 - What is the period of vibration of the pan as it comes to rest?
 - If Sam adds more beef to the scale, what will this do to the period of vibration?

 $T = 2\pi J$ $m_b = 3.0 ko$ 400ernel $m_p = 1.0 kg$ = 211 /4.1 K=400. N/m T=? $= 2\pi \sqrt{100}$ $= 2a \cdot 1 = 0.62856$

A toy bobs up and down over a crib with a period of 1.0 s. The toy hangs from the end of a spring whose spring constant is 20.0 N/m. What is the mass of the toy?

$$T = 1.0S \qquad T = 2\pi \int_{K}^{m} \frac{T^{2} \cdot k}{4\pi^{2}} = m$$

$$K = 20.0 \text{ N/m} \qquad \frac{T}{2\pi} = \int_{K}^{m} \frac{T}{2\pi} = \frac{100}{4} \qquad \frac{100}{2} \cdot 20$$

$$\frac{T^{2}}{4\pi^{2}} = \frac{m}{k} \qquad \frac{100}{4} \cdot \pi^{2} = 0.506 \text{ kg}$$

 A pendulum has a period of 1.0s on Earth. What would its period be on Mars, where g = 3.4 m/s/s?

